

Gratitude Treasure Hunt

What you need: This varies on how in-depth you would like to make the project

Time needed: Varies

THE ACTIVITY

Students are going to go on a treasure hunt to find a treasure of gratitude! They can simply write what their treasure is next to the category list OR if you are feeling more ambitious, have your students take pictures of their treasures and create a collage at the end of the hunt (super fun).

Give students several days to find their favorites.

If creating a collage, students can draw their collage or print out their pics and glue them to a poster board. Have them number the pictures and on the back of their paper or poster board, have them write why they chose what they did next to the appropriate number.

Example:

- 1. I am grateful for my pillow because it keeps me comfy at night.*
- 2. I am grateful for my green bike because it takes me to all the places I enjoy.*

My Gratitude Treasure Hunt

I am grateful for ...

1. Something that is my favorite color
2. Something soft
3. Something hard
4. Something in my bedroom
5. Something that has words
6. Something outside or at the park
7. Something I see at night
8. Something I taste
9. Something I love
10. Something I smell
11. Something I wear
12. Something that makes me laugh
13. Something that makes me proud
14. Something that entertains me
15. Something that keeps me healthy
16. A gift someone gave me
17. Something at my school
18. The person who makes me feel safe
19. Something I see in the early morning
20. Something or someone I like to hug
21. Something not on this list
22. Something that makes me calm
23. Something in the freezer
24. Something someone said to me (write it down)
25. Me (draw or take a selfie)