

GET CURIOUS-NOT FURIOUS

What we think of a student or a group of students, impacts their ability to be successful. Practice getting curious by reframing the adjectives you use. List some adjectives you might use for a student or group. Get curious and reframe that observation. This is an anonymous activity.

ADJECTIVE

1. Example: "Hyper"

2.

3.

4.

5.

6.

REPLACEMENT

1. "Excited"

ONE THING I CAN DO

1. He has so much energy! I can put him to work!

FROM ASSUMPTIONS TO QUESTIONS: GETTING CURIOUS

ASSUMPTION

1. Example: "...lazy and defiant"

2.

3.

4.

5.

6.

REPLACING THE ASSUMPTION

1. "I wonder if this person ate breakfast."

HOW CAN I HELP?

1. Build more trust with this student to ask if they need anything.
Try a 2x10 strategy.